

Registration: You can register and pay at **Al Anderson's** in Saskatoon or you can register on-line and mail cheques, send E-transfers to our office, or by mailing this form and fees or deposit to **Canadian Ways**. - 318 Wollaston Rise, Saskatoon, SK S7J 4G5. Spots for the program will be reserved in order of us receiving your registration form and deposit.

Participants Name \_\_\_\_\_ Birthdate \_\_\_\_\_  
 Parents or Contact \_\_\_\_\_  
 Address \_\_\_\_\_  
 Postal Code \_\_\_\_\_ Phone \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Hospitalization \_\_\_\_\_ Level (eg.) jr. nov., sr. nov., atom ... \_\_\_\_\_  
 Amount Paid \_\_\_\_\_  Cheque  Cash  Credit Card  Debit

I give \_\_\_\_\_ permission to participate in the above Canadian Ways program. I acknowledge that Canadian Ways, its instructors and associates will not be held responsible for any injury, loss or death and give my consent for the medical and/or dental treatment of my child in the event of an injury. This release is binding in the players, heirs, assigns, administrators and executors.

X \_\_\_\_\_ Date \_\_\_\_\_

Program	Cost	Deposit
"DRIVEN"	<input type="checkbox"/> \$40 per session	
"Hooked on Hockey"	<input type="checkbox"/> \$600.00 (both)	<input type="checkbox"/> \$200.00
<input type="checkbox"/> May-June <input type="checkbox"/> August	<input type="checkbox"/> \$325 (each)	
Hockey Adventure Day Camp	<input type="checkbox"/> \$700.00	<input type="checkbox"/> \$200.00
Defenceman Camp	<input type="checkbox"/> \$220.00	<input type="checkbox"/> _____ <input type="checkbox"/> _____
"Quick Feet"	<input type="checkbox"/> \$150.00	
Novice - Atom Positional Play	<input type="checkbox"/> \$185.00	
"AA" Pee wee - Bantam Prep Camp	<input type="checkbox"/> \$200.00	
Fall Power Skating	<input type="checkbox"/> \$200.00	
Puck control/skills camp	<input type="checkbox"/> \$180.00	
Slap-Shot	<input type="checkbox"/> \$100.00	
"Hands/Finishing"	<input type="checkbox"/> \$110.00	
Backwards Skating Camp	<input type="checkbox"/> \$115.00	
Atom - Bantam Safety, Contact, Checking	<input type="checkbox"/> \$200	
Intensity/skills Camp	<input type="checkbox"/> \$180.00	
Power Skating/Puck Control	<input type="checkbox"/> \$150.00	
"Just Stride"	<input type="checkbox"/> \$150.00	
Shooting Camp	<input type="checkbox"/> \$150.00	
Conditioning	<input type="checkbox"/> \$450.00 (20 Sessions)	
"Power Up"	<input type="checkbox"/> \$100.00	
"DRIVEN Morning Skates"	<input type="checkbox"/> \$100.00	
Winter Hooked	<input type="checkbox"/> TBA	
Winter Academy	<input type="checkbox"/> TBA	
Holiday Hockey School	<input type="checkbox"/> \$120.00, 2/\$220, 3/\$300, 4/\$375	
	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	
February School Break (2017)	<input type="checkbox"/> \$120.00, 2/\$200, 3/\$300, 4/\$375, 5/\$450, 6/\$500	
	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	



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 YOUR SUPPLEMENT STORE



Canadian Ways  
 CANOEING

CONTACT US ABOUT OUR  
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Canadian Ways

318 Wollaston Rise  
 Saskatoon, SK Canada, S7J 4G5  
 Ph: (306) 373-2671  
 Email: cdnways@shaw.ca  
 Website: www.canadianways.com



Year-Round  
 Hockey Development Programs  
 for the  
 Player, Team and Coach

**2017 - 2018**

**SASKATOON PROGRAMS**

You will be notified by e-mail  
 if we are able or unable to  
 place you in a program.

Schedules, New Programs,  
 Refund Policy & **MORE** at  
[www.canadianways.com](http://www.canadianways.com)

## Canadian Ways Summer-Fall Programs

### **“DRIVEN”** **May - August**

Making the best....better!

Elite Pee wee - Midget next level development

12 Players max.

**Place:** Schroh Arena **Cost:** \$40 Per Session

### **“Hooked on Hockey”** **May, June, August**

Let your child have their Summer and develop too. Proven year after year to be the best on ice skill developmental program there is!

Pre-Novice to Midget

**Place:** Schroh Arena

**Cost:** May - June - \$325.00, Aug - \$325.00, Both - \$600

### **Game Days** **May - September**

Controlled high tempo games for novice to midget

Email if you are interested.

**Place:** Schroh Arena **Cost:** \$20 Drop In

### **Hockey Adventure Day Camp** **July 24 - 27**

2 Ice sessions a day filled with unique drills that will have the participants loving Hockey and wanting more. Off ice activities include canoeing, archery, cooperative games, map and compass skills, ecology hikes, fitness challenges and more. Novice to Atom

**Place:** Schroh Arena **Full Day Cost:** \$700.00

### **Defenceman Camp** **July 31-Aug 3, Aug 14-17**

“...a must for every player and coach.” 5 hours on ice.

**A** - Jul 31 - Aug 3 Atom to Pee wee

**B** - Aug 14 - 17 Pee wee to Bantam

**Place:** Schroh Arena **Cost:** \$220.00

### **“Quick Feet”** **July 31 - August 3**

“At higher levels it’s all about the first three strides.”

Atom to Bantam. 4 hours on ice.

**Cost:** \$150.00

### **Novice-Atom Positional Play** **August 7 - 10**

The basic concept of “where to be when” that turns skill into hockey. 5 hours on ice.

**Cost:** \$185.00

### **“AA” Pee wee - Bantam Prep Camp** **August 7-10, 14-17**

5 skates over 10 days ensures top production and development with this fast paced camp. A comprehensive camp that keys on the skills and concepts looked for in the CWD tryouts. 6 hours on ice.

**Place:** Schroh Arena **Cost:** \$200.00

### **Fall Power Skating** **August 18-20**

A unique blend of Canadian Ways progressions and hockey specific drills that will make a difference.

Novice - 5 hours on ice. Atom to Midget - 6 hours on ice

**Place:** Schroh Arena **Cost:** \$200.00

### **Puck Control/Skills Camp** **August 21 - 25**

Drills to develop hand coordination, speed and heads up puck control. Novice to Midget - 5 hours on ice

**Place:** Schroh Arena **Cost:** \$180.00

### **Slap-Shot** **August 26 - 27**

Be a threat to score! Having a good slap-shot is a rewarding part of hockey that will help develop confidence in other areas. 2 ½ hours on ice

**JR** - Novice to Atom, **SR** - Pee-Wee to Midget

**Place:** Schroh Arena **Cost:** \$100.00

### **“Hands/Finishing”** **August 26 -27**

Drills to feather the pass, one touch, dangle and finish around the net. Pee-Wee to Midget - 3 hours on ice

**Place:** Schroh Arena **Cost:** \$110.00

### **Backwards Skating** **August 26 - 27**

Backward mobility gained here will enhance all aspects of the players game. Novice to Midget. 3 hours on ice

**Place:** Schroh Arena **Cost:** \$115.00

### **Atom-Bantam Safety, Contact, Checking** **August 25 - 27**

Safety, confidence and control. Step by step progressions that teach the required skills to play the contact/checking game.

6 hours on ice, 2 hours off

**Place:** Schroh Arena **Cost:** \$200.00

### **Intensity/Skills Camp** **August 28 - September 1**

The camp that sets the benchmark for high tempo skill work. Atom to Bantam (skilled Novice may be let in)

5 hours on ice

**Place:** Schroh Arena **Cost:** \$180.00

### **Power Skating - Puck Control** **September 2 - 3**

Combination of skating and puck control that will improve their game. Novice to Bantam - 4 hours on ice

**Place:** Schroh Arena **Cost:** \$150.00

### **“Just Stride”** **September 4 - 8**

4 hours on ice devoted to developing the most important part of the game.

Novice to Midget

**Place:** Schroh Arena **Cost:** \$150.00

### **Shooting Camp** **September 9 - 10**

Novice to Midget

4 hours of shooting tips and practice will make a difference.

**Place:** Schroh Arena **Cost:** \$150.00

### **Conditioning Camp** **September 11 - 15**

Competitive drills to enhance skill and all aspects of hockey fitness. 4 hours on ice.

Novice to Bantam

**Place:** Schroh Arena **Cost:** \$150.00

### **“Power Up”** **October – March 7.00 am weekly skates**

Before School Skating sessions that will make the players entire game pop.

20 sessions \$450.00, \$30 drop in.

### **“DRIVEN” Morning Skates** **October – March 7.00 am weekly**

Elite Pee wee to Bantam. 12 Players Max.

**Cost:** \$40 Per Session

### **Holiday Hockey School** **Dec. 27, 28, 29**

Novice to Bantam

**A** - Power Skating **B** - Puck Control **C** - Shooting

**D** - Defencemen Camp **E** - Safety, contact, checking

**Place:** Schroh Arena **Cost A,B,C,D:** 3 hours on ice each

\$120/1 session \$220/2, \$300/3, \$375/4

**E:** 4.5 hours on ice \$180.00

### **February School Break (2018)** **Feb TBA**

Novice to Bantam

**A** - Power Skating - Puck Control **B** - Backwards Skating

**C** - Shooting **D** - Extreme Balance **E** - Passing and Support

**F** - Boards

**Place:** Schroh Arena

**Cost: A,B,C, D, E** - \$120/session, \$200/2, \$300/3, \$375/4

\$450/5, \$500/6

**Winter Hooked** Novice - Pee wee **October - March**  
Weekly skill sessions to keep players on top of their game.

**Winter Academy** Novice - Pee wee **October - March**  
Skill development sessions for more advanced players.  
Sundays

**Scheduled Days Off** – No school? See our web site for available programs.

**QUEST** – See website for our April-May  
AAA Summer Hockey

**Community Hockey Schools** – We will come to your community to provide you with a school specific to your needs.

**On-Ice Sessions** – Coaches – We’ll come out and work with you. Run practices that work on the skills and tactics your team requires

**Individual and group instruction** – We will provide individuals and small groups with the specific drills that target the players needs.

### **Testimonial**

*“It’s all about skills and attitude. You’ll find no better place to develop as a player.”*  
(David Struch 15 years Pro, Coach - Regina Pats)